



FOX FANTASY FOOTBALL DRAFT GUIDE

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RUNNING BACKS: 3 YEAR SCOPE

	YEAR	AGE	TM	POS	NO.	G	GS	ATT	YDS	TD	LNG	Y/A	Y/G	A/G	REC	YDS	Y/R	TD	LNG	R/G	Y/G	YSCM	RRTD	FMB	AV		
ARIZONA																											
TIM HIGHTOWER	2008	22	ARI	RB	34	16	7	143	399	10	30	2.8	24.9	8.9	34	237	7	0	26	2.1	14.8	636	10	2	5		
	2009	23	ARI	RB	34	16	16	143	598	8	50	4.2	37.4	8.9	63	428	6.8	0	23	3.9	26.8	1026	8	5	8		
	2010	24	ARI	RB	34	16	13	153	736	5	80	4.8	46	9.6	21	136	6.5	0	20	1.3	8.5	872	5	5	5		
BEANIE WELLS	2009	21	ARI	RB	26	16	0	176	793	7	33	4.5	49.6	11	12	143	11.9	0	25	0.8	8.9	936	7	4	6		
	2010	22	ARI	RB	26	13	2	116	397	2	24	3.4	30.5	8.9	5	74	14.8	0	43	0.4	5.7	471	2	1	2		
LAROD STEPHENS HOWLING	2009	22	ARI	KR	36	16	2	6	15	0	5	2.5	0.9	0.4	10	83	8.3	1	15	0.6	5.2	98	1	1	1		
	2010	23	ARI	KR	36	13	2	23	113	1	30	4.9	8.7	1.8	16	111	6.9	0	13	1.2	8.5	224	1	0	0		
ATLANTA																											
MICHAEL TURNER	2008*	26	ATL	RB	33	16	16	376	1699	17	70	4.5	106.2	23.5	6	41	6.8	0	18	0.4	2.6	1740	17	3	13		
	2009	27	ATL	RB	33	11	11	178	871	10	58	4.9	79.2	16.2	5	35	7	0	10	0.5	3.2	906	10	4	7		
	2010*	28	ATL	RB	33	16	15	334	1371	12	55	4.1	85.7	20.9	12	85	7.1	0	19	0.8	5.3	1456	12	2	12		
JASON SNELLING	2008	25	ATL	RB	44	16	1	15	62	0	13	4.1	3.9	0.9	8	89	11.1	0	27	0.5	5.6	151	0	0	1		
	2009	26	ATL	RB	44	14	2	142	613	4	31	4.3	43.8	10.1	30	259	8.6	1	38	2.1	18.5	872	5	2	7		
	2010	27	ATL	RB	44	14	0	87	324	2	30	3.7	23.1	6.2	44	303	6.9	3	28	3.1	21.6	627	5	2	2		
JERIOUS NORWOOD	2007	24	ATL	KR	32	15	2	103	613	1	67	6	40.9	6.9	28	277	9.9	0	46	1.9	18.5	890	1	0	5		
	2008	25	ATL	KR	32	16	0	95	489	4	45	5.1	30.6	5.9	36	338	9.4	2	67	2.3	21.1	827	6	2	7		
	2009	26	ATL		32	10	4	76	252	0	21	3.3	25.2	7.6	19	186	9.8	1	38	1.9	18.6	438	1	1	4		
	2010	27	ATL		32	2	0	2	8	0	6	4	4	1	1	9	9	0	9	0.5	4.5	17	0	0	0		
BALTIMORE																											
RAY RICE	2008	21	BAL	RB	27	13	4	107	454	0	60	4.2	34.9	8.2	33	273	8.3	0	40	2.5	21	727	0	1	6		
	2009*	22	BAL	RB	27	16	15	254	1339	7	59	5.3	83.7	15.9	78	702	9	1	63	4.9	43.9	2041	8	3	18		
	2010	23	BAL	RB	27	16	14	307	1220	5	50	4	76.3	19.2	63	556	8.8	1	34	3.9	34.8	1776	6	0	13		
WILLIS MCGAHEE	2008	27	BAL	RB	23	13	8	170	671	7	77	3.9	51.6	13.1	24	173	7.2	0	35	1.8	13.3	844	7	3	6		
	2009	28	BAL		23	16	1	109	544	12	77	5	34	6.8	15	85	5.7	2	14	0.9	5.3	629	14	1	5		
	2010	29	BAL		23	15	2	100	380	5	30	3.8	25.3	6.7	14	55	3.9	1	32	0.9	3.7	435	6	2	2		
BUFFALO																											
FRED JACKSON	2008	27	BUF		22	16	3	130	571	3	32	4.4	35.7	8.1	37	317	8.6	0	65	2.3	19.8	888	3	3	7		
	2009	28	BUF	RB/KR	22	16	11	237	1062	2	43	4.5	66.4	14.8	46	371	8.1	2	21	2.9	23.2	1433	4	4	9		
	2010	29	BUF	RB	22	16	13	222	927	5	39	4.2	57.9	13.9	31	215	6.9	2	65	1.9	13.4	1142	7	5	7		
CJ SPILLER	2010	23	BUF	PR/KR	21	14	1	74	283	0	20	3.8	20.2	5.3	24	157	6.5	1	41	1.7	11.2	440	1	5	4		



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CAROLINA																											
JONATHAN STEWART	2008	21	CAR	RB	28	16	0	184	836	10	41	4.5	52.3	11.5	8	47	5.9	0	15	0.5	2.9	883	10	2	7		
	2009	22	CAR	RB	28	16	3	221	1133	10	67	5.1	70.8	13.8	18	139	7.7	1	19	1.1	8.7	1272	11	3	9		
	2010	23	CAR	RB	28	14	7	178	770	2	48	4.3	55	12.7	8	103	12.9	1	55	0.6	7.4	873	3	4	4		
MIKE GOODSON	2009	22	CAR	KR	33	8	0	22	49	0	11	2.2	6.1	2.8	2	15	7.5	0	13	0.3	1.9	64	0	1	0		
	2010	23	CAR	KR	33	16	3	103	452	3	45	4.4	28.3	6.4	40	310	7.8	0	32	2.5	19.4	762	3	5	4		
DEANGELO WILLIAMS	2008	25	CAR	RB	34	16	16	273	1515	18	69	5.5	94.7	17.1	22	121	5.5	2	25	1.4	7.6	1636	20	0	13		
	2009*	26	CAR	RB	34	13	13	216	1117	7	77	5.2	85.9	16.6	29	252	8.7	0	30	2.2	19.4	1369	7	3	10		
	2010	27	CAR	RB	34	6	6	87	361	1	39	4.1	60.2	14.5	11	61	5.5	0	14	1.8	10.2	422	1	1			
CHICAGO																											
MATT FORTE	2008	23	CHI	RB	22	16	16	316	1238	8	50	3.9	77.4	19.8	63	477	7.6	4	19	3.9	29.8	1715	12	1	11		
	2009	24	CHI	RB	22	16	16	258	929	4	61	3.6	58.1	16.1	57	471	8.3	0	37	3.6	29.4	1400	4	6	9		
	2010	25	CHI	RB	22	16	16	237	1069	6	68	4.5	66.8	14.8	51	547	10.7	3	89	3.2	34.2	1616	9	3	13		
CHESTER TAYLOR	2008	29	MIN		29	16	1	101	399	4	21	4	24.9	6.3	45	399	8.9	2	47	2.8	24.9	798	6	2	6		
	2009	30	MIN		29	16	0	94	338	1	25	3.6	21.1	5.9	44	389	8.8	1	33	2.8	24.3	727	2	2	7		
	2010	31	CHI		29	16	1	112	267	3	24	2.4	16.7	7	20	139	7	0	18	1.3	8.7	406	3	0	3		
CINCINNATI																											
CEDRIC BENSON	2008	26	CIN	RB	32	12	10	214	747	2	46	3.5	62.3	17.8	20	185	9.3	0	79	1.7	15.4	932	2	2	3		
	2009	27	CIN	RB	32	13	13	301	1251	6	42	4.2	96.2	23.2	17	111	6.5	0	19	1.3	8.5	1362	6	1	9		
	2010	28	CIN	RB	32	16	16	321	1111	7	26	3.5	69.4	20.1	28	178	6.4	1	24	1.8	11.1	1289	8	7	7		
BERNARD SCOTT	2009	25	CIN		28	13	2	74	321	0	61	4.3	24.7	5.7	5	67	13.4	0	23	0.4	5.2	388	0	1	4		
	2010	26	CIN	KR	28	16	0	61	299	1	18	4.9	18.7	3.8	11	60	5.5	0	25	0.7	3.8	359	1	2	2		
BRIAN LEONARD	2008	24	STL		23	2	0	2	7	0	5	3.5	3.5	1							7	0	0	0			
	2009	25	CIN		40	14	1	27	84	0	11	3.1	6	1.9	30	217	7.2	0	18	2.1	15.5	301	0	1	2		
	2010	26	CIN		40	11	0	9	61	0	42	6.8	5.5	0.8	20	137	6.9	1	20	1.8	12.5	198	1	0	1		
CLEVELAND																											
PEYTON HILLS	2008	22	DEN	RB	22	12	6	68	343	5	19	5	28.6	5.7	14	179	12.8	1	47	1.2	14.9	522	6	0	4		
	2009	23	DEN		22	14	2	13	54	1	13	4.2	3.9	0.9	4	19	4.8	0	6	0.3	1.4	73	1	1	0		
	2010	24	CLE	RB	40	16	14	270	1177	11	48	4.4	73.6	16.9	61	477	7.8	2	47	3.8	29.8	1654	13	8	10		
MIKE BELL	2008	25	NOR		40	4	0	13	42	1	15	3.2	10.5	3.3	1	14	14	0	14	0.3	3.5	56	1	0	0		
	2009	26	NOR		21	13	3	172	654	5	35	3.8	50.3	13.2	4	12	3	0	9	0.3	0.9	666	5	2	5		
	2010	27	2TM			16	1	47	99	0	11	2.1	6.2	2.9	7	67	9.6	0	28	0.4	4.2	166	0	2	1		
			PHI		22	5	0	16	28	0	9	1.8	5.6	3.2	1	5	5	0	5	0.2	1	33	0	1	0		
			CLE		22	11	1	31	71	0	11	2.3	6.5	2.8	6	62	10.3	0	28	0.5	5.6	133	0	1	1		



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DALLAS																											
FELIX JONES	2008	21	DAL		28	6	0	30	266	3	60	8.9	44.3	5	2	10	5	0	7	0.3	1.7	276	3	0	3		
	2009	22	DAL	KR	28	14	1	116	685	3	56	5.9	48.9	8.3	19	119	6.3	0	30	1.4	8.5	804	3	3	5		
	2010	23	DAL	RB	28	16	7	185	800	1	34	4.3	50	11.6	48	450	9.4	1	71	3	28.1	1250	2	2	9		
MARION BARBER	2006	23	DAL		24	16	1	135	654	14	25	4.8	40.9	8.4	23	196	8.5	2	26	1.4	12.3	850	16	0	7		
	2007*	24	DAL	RB	24	16	0	204	975	10	54	4.8	60.9	12.8	44	282	6.4	2	29	2.8	17.6	1257	12	3	12		
	2008	25	DAL	RB	24	15	13	238	885	7	35	3.7	59	15.9	52	417	8	2	70	3.5	27.8	1302	9	7	8		
	2009	26	DAL	RB	24	15	15	214	932	7	35	4.4	62.1	14.3	26	221	8.5	0	42	1.7	14.7	1153	7	2	7		
	2010	27	DAL	RB	24	13	10	113	374	4	25	3.3	28.8	8.7	11	49	4.5	0	15	0.8	3.8	423	4	0	3		
TASHARD CHOICE	2008	24	DAL		23	16	3	92	472	2	38	5.1	29.5	5.8	21	185	8.8	0	50	1.3	11.6	657	2	0	4		
	2009	25	DAL		23	16	0	64	349	3	66	5.5	21.8	4	15	132	8.8	0	28	0.9	8.3	481	3	0	3		
	2010	26	DAL		23	16	0	66	243	3	26	3.7	15.2	4.1	17	109	6.4	0	17	1.1	6.8	352	3	1	3		
DEMARCO MURRAY	2011																										
DENVER																											
KNOWSHON MORENO	2009	22	DEN	RB	27	16	9	247	947	7	36	3.8	59.2	15.4	28	213	7.6	2	27	1.8	13.3	1160	9	4	6		
	2010	23	DEN	RB	27	13	13	182	779	5	35	4.3	59.9	14	37	372	10.1	3	45	2.8	28.6	1151	8	3	8		
TIM TEBOW	2010	23	DEN		15	9	3	43	227	6	40	5.3	25.2	4.8								227	6	1			
CORRELL BUCKHALATER	2008	30	PHI		28	14	2	76	369	2	33	4.9	26.4	5.4	26	324	12.5	2	59	1.9	23.1	693	4	0	5		
	2009	31	DEN	RB	28	14	7	120	642	1	45	5.4	45.9	8.6	31	240	7.7	0	30	2.2	17.1	882	1	3	6		
	2010	32	DEN		28	15	0	59	147	2	13	2.5	9.8	3.9	28	240	8.6	2	23	1.9	16	387	4	1	3		
LANCE BALL	2008	23	IND		27	1	0	13	83	0	23	6.4	83	13	1	5	5	0	5	1	5	88	0	1	1		
	2010	25	DEN		35	10	0	41	158	0	19	3.9	15.8	4.1	3	16	5.3	0	13	0.3	1.6	174	0	1	1		
DETROIT																											
JAHVID BEST	2010	21	DET	RB	44																						
MAURICE MORRIS	2008	29	SEA	RB	20	13	6	132	574	0	45	4.3	44.2	10.2	19	136	7.2	2	13	1.5	10.5	710	2	1	5		
	2009	30	DET		28	14	3	93	384	2	64	4.1	27.4	6.6	26	210	8.1	0	19	1.9	15	594	2	1	4		
	2010	31	DET	RB	28																						
GREEN BAY																											
RYAN GRANT	2007	25	GNB	RB	25	15	7	188	956	8	66	5.1	63.7	12.5	30	145	4.8	0	21	2	9.7	1101	8	1	8		
	2008	26	GNB	RB	25	16	14	312	1203	4	57	3.9	75.2	19.5	18	116	6.4	1	17	1.1	7.3	1319	5	4	9		
	2009	27	GNB	RB	25	16	16	282	1253	11	62	4.4	78.3	17.6	25	197	7.9	0	27	1.6	12.3	1450	11	1	12		
	2010	28	GNB		25	1	1	8	45	0	18	5.6	45	8								45	0	0			



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GREEN BAY																										
BRANDON JACKSON	2008	23	GNB		32	13	0	45	248	1	32	5.5	19.1	3.5	30	185	6.2	0	18	2.3	14.2	433	1	1	3	
	2009	24	GNB		32	12	0	37	111	2	9	3	9.3	3.1	21	187	8.9	1	17	1.8	15.6	298	3	1	3	
	2010	25	GNB	RB	32	16	13	190	703	3	71	3.7	43.9	11.9	43	342	8	1	37	2.7	21.4	1045	4	1	8	
JOHN KUHN	2007	25	GNB		30	16	1	0	0	0	0		0	0	2	7	3.5	0	5	0.1	0.4	7	0	0	1	
	2008	26	GNB		30	16	3	8	10	1	3	1.3	0.6	0.5	4	21	5.3	2	13	0.3	1.3	31	3	0	2	
	2009	27	GNB	RB	30	14	6	8	18	1	5	2.3	1.3	0.6	7	47	6.7	2	14	0.5	3.4	65	3	0	2	
	2010	28	GNB		30	16	2	84	281	4	18	3.3	17.6	5.3	15	97	6.5	2	12	0.9	6.1	378	6	1		
JAMES STARKS	2010	24	GNB		44	3	0	29	101	0	16	3.5	33.7	9.7	2	15	7.5	0	12	0.7	5	116	0	0	1	
DMITRI NANCE	2010	22	GNB		23	12	0	36	95	0	11	2.6	7.9	3	3	30	10	0	14	0.3	2.5	125	0	0	1	
HOUSTON																										
ARIAN FOSTER	2009	23	HOU		37	6	1	54	257	3	24	4.8	42.8	9	8	93	11.6	0	20	1.3	15.5	350	3	1	2	
	2010*	24	HOU	RB	23	16	13	327	1616	16	74	4.9	101	20.4	66	604	9.2	2	50	4.1	37.8	2220	18	3	20	
DERRICK WARD	2008	28	NYG	RB	34	16	3	182	1025	2	51	5.6	64.1	11.4	41	384	9.4	0	48	2.6	24	1409	2	2	12	
	2009	29	TAM		28	14	1	114	409	1	28	3.6	29.2	8.1	20	150	7.5	2	38	1.4	10.7	559	3	0	3	
	2010	30	HOU		32	16	0	50	315	4	38	6.3	19.7	3.1	7	61	8.7	0	12	0.4	3.8	376	4	0	3	
STEVE SLATON	2008	22	HOU	RB	20	16	15	268	1282	9	71	4.8	80.1	16.8	50	377	7.5	1	46	3.1	23.6	1659	10	3	12	
	2009	23	HOU	WR	20	11	10	131	437	3	32	3.3	39.7	11.9	44	417	9.5	4	38	4	37.9	854	7	7	6	
	2010	24	HOU	KR	20	12	1	19	93	0	23	4.9	7.8	1.6	3	11	3.7	0	12	0.3	0.9	104	0	0	1	
INDIANAPOLIS																										
DONALD BROWN	2009	22	IND		31	11	1	78	281	3	45	3.6	25.5	7.1	11	169	15.4	0	72	1	15.4	450	3	1	4	
	2010	23	IND	RB	31	13	8	129	497	2	49	3.9	38.2	9.9	20	205	10.3	0	25	1.5	15.8	702	2	0	6	
JOSEPH ADDAI	2008	25	IND	RB	29	12	12	155	544	5	23	3.5	45.3	12.9	25	206	8.2	2	55	2.1	17.2	750	7	1	7	
	2009	26	IND	RB	29	15	15	219	828	10	21	3.8	55.2	14.6	51	336	6.6	3	25	3.4	22.4	1164	13	1	10	
	2010	27	IND	RB	29	8	7	116	495	4	46	4.3	61.9	14.5	19	124	6.5	0	15	2.4	15.5	619	4	2	5	
JAVARRIS JAMES	2010	23	IND		42	10	0	46	112	6	11	2.4	11.2	4.6	9	63	7	0	11	0.9	6.3	175	6	1	1	
MIKE HART	2008	22	IND		32	5	0	2	9	0	7	4.5	1.8	0.4	1	18	18	0	18	0.2	3.6	27	0	1	0	
	2009	23	IND		32	9	0	26	70	1	15	2.7	7.8	2.9	5	54	10.8	0	14	0.6	6	124	1	0	1	
	2010	24	IND		32	7	1	43	185	1	35	4.3	26.4	6.1	6	25	4.2	0	10	0.9	3.6	210	1	0	2	
JACKSONVILLE																										
MAURICE JONES-DREW	2008	23	JAX	RB	32	16	3	197	824	12	46	4.2	51.5	12.3	62	565	9.1	2	26	3.9	35.3	1389	14	6	10	
	2009*	24	JAX	RB	32	16	16	312	1391	15	80	4.5	86.9	19.5	53	374	7.1	1	19	3.3	23.4	1765	16	2	12	



FOX FANTASY FOOTBALL DRAFT GUIDE

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	YEAR	AGE	TM	POS	NO.	G	GS	ATT	YDS	TD	LNG	Y/A	Y/G	A/G	REC	YDS	Y/R	TD	LNG	R/G	Y/G	YSCM	RRTD	FMB	AV	
JACKSONVILLE																										
MAURICE JONES-DREW	2010*	25	JAX	RB	32	14	14	299	1324	5	37	4.4	94.6	21.4	34	317	9.3	2	75	2.4	22.6	1641	7	2	14	
RASHARD JENNINGS	2009	24	JAX		23	15	0	39	202	1	28	5.2	13.5	2.6	16	101	6.3	0	14	1.1	6.7	303	1	0	2	
	2010	25	JAX		23	13	3	84	459	4	74	5.5	35.3	6.5	26	223	8.6	0	25	2	17.2	682	4	0		
DAVID GARRARD	2008	30	JAX	QB	9	16	16	73	322	2	24	4.4	20.1	4.6	1	-6	-6	0	-6	0.1	-0.4	316	2	7		
	2009*	31	JAX	QB	9	16	16	77	323	3	30	4.2	20.2	4.8								323	3	14		
	2010	32	JAX	QB	9	14	14	66	279	5	25	4.2	19.9	4.7								279	5	11		
KANSAS CITY																										
JAMAAL CHARLES	2009	23	KAN	RB/KR	25	15	10	190	1120	7	76	5.9	74.7	12.7	40	297	7.4	1	49	2.7	19.8	1417	8	4	9	
	2010*+	24	KAN	RB	25	16	6	230	1467	5	80	6.4	91.7	14.4	45	468	10.4	3	31	2.8	29.3	1935	8	3	17	
THOMAS JONES	2008*	30	NYJ	RB	20	16	14	290	1312	13	59	4.5	82	18.1	36	207	5.8	2	19	2.3	12.9	1519	15	2	13	
	2009	31	NYJ	RB	20	16	16	331	1402	14	71	4.2	87.6	20.7	10	58	5.8	0	28	0.6	3.6	1460	14	2	9	
	2010	32	KAN	RB	20	16	10	245	896	6	70	3.7	56	15.3	14	122	8.7	0	20	0.9	7.6	1018	6	3	6	
MIAMI																										
RONNIE BROWN	2008*	27	MIA	RB	23	16	13	214	916	10	62	4.3	57.3	13.4	33	254	7.7	0	39	2.1	15.9	1170	10	1	9	
	2009	28	MIA	RB	23	9	9	147	648	8	45	4.4	72	16.3	14	98	7	0	27	1.6	10.9	746	8	1	5	
	2010	29	MIA	RB	23	16	16	200	734	5	51	3.7	45.9	12.5	33	242	7.3	0	24	2.1	15.1	976	5	3	4	
RICKY WILLIAMS	2008	31	MIA	RB	34	16	3	160	659	4	51	4.1	41.2	10	29	219	7.6	1	47	1.8	13.7	878	5	5	7	
	2009	32	MIA	RB	34	16	7	241	1121	11	68	4.7	70.1	15.1	35	264	7.5	2	59	2.2	16.5	1385	13	5	10	
	2010	33	MIA		34	16	0	159	673	2	45	4.2	42.1	9.9	19	141	7.4	1	28	1.2	8.8	814	3	4		
LOUSAKA POLITE	2008	27	MIA	FB	36	11	5	23	85	0	14	3.7	7.7	2.1	6	24	4	0	9	0.5	2.2	109	0	0	1	
	2009	28	MIA	RB	36	16	9	37	123	0	13	3.3	7.7	2.3	11	51	4.6	0	10	0.7	3.2	174	0	1	1	
	2010	29	MIA	RB	36	16	10	26	62	1	4	2.4	3.9	1.6	12	61	5.1	0	14	0.8	3.8	123	1	0	1	
MINNESOTA																										
ADRIAN PETERSON	2008*+	23	MIN	RB	28	16	15	363	1760	10	67	4.8	110	22.7	21	125	6	0	16	1.3	7.8	1885	10	9	13	
	2009*+	24	MIN	RB	28	16	15	314	1383	18	64	4.4	86.4	19.6	43	436	10.1	0	63	2.7	27.3	1819	18	7	16	
	2010*	25	MIN	RB	28	15	15	283	1298	12	80	4.6	86.5	18.9	36	341	9.5	1	34	2.4	22.7	1639	13	1	10	
TOBY GERHART	2010	23	MIN		32	15	1	81	322	1	21	4	21.5	5.4	21	167	8	0	23	1.4	11.1	489	1	3	3	
NEW ENGLAND																										
BENJARVUS GREEN-ELLIS	2008	23	NWE		42	9	3	74	275	5	15	3.7	30.6	8.2	3	37	12.3	0	20	0.3	4.1	312	5	0	3	
	2009	24	NWE		42	12	0	26	114	0	29	4.4	9.5	2.2	2	11	5.5	0	6	0.2	0.9	125	0	0	1	
	2010	25	NWE	RB	42	16	11	229	1008	13	33	4.4	63	14.3	12	85	7.1	0	16	0.8	5.3	1093	13	0	11	



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RUNNING BACKS: 3 YEAR SCOPE

	YEAR	AGE	TM	POS	NO.	G	GS	ATT	YDS	TD	LNG	Y/A	Y/G	A/G	REC	YDS	Y/R	TD	LNG	R/G	Y/G	YSCM	RRTD	FMB	AV		
NEW ENGLAND																											
DANNY WOODHEAD	2009	24	NYJ		83	10	0	15	64	0	16	4.3	6.4	1.5	8	87	10.9	0	24	0.8	8.7	151	0	0	1		
	2010	25	2TM		15	3	97	547	5	36	5.6	36.5	6.5	34	379	11.1	1	50	2.3	25.3	926	6	1	10			
			NYJ		39	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
			NWE		39	14	3	97	547	5	36	5.6	39.1	6.9	34	379	11.1	1	50	2.4	27.1	926	6	1	10		
NEW YORK GIANTS																											
AHMAD BRADSHAW	2008	22	NYG	KR	44	15	0	67	355	1	77	5.3	23.7	4.5	5	42	8.4	1	18	0.3	2.8	397	2	3	3		
	2009	23	NYG	RB	44	15	1	163	778	7	38	4.8	51.9	10.9	21	207	9.9	0	55	1.4	13.8	985	7	3	7		
	2010	24	NYG	RB	44	16	11	276	1235	8	48	4.5	77.2	17.3	47	314	6.7	0	18	2.9	19.6	1549	8	7	10		
BRANDON JACOBS	2008	26	NYG	RB	27	13	13	219	1089	15	44	5	83.8	16.8	6	36	6	0	9	0.5	2.8	1125	15	3	9		
	2009	27	NYG	RB	27	15	15	224	835	5	31	3.7	55.7	14.9	18	184	10.2	1	74	1.2	12.3	1019	6	2	6		
	2010	28	NYG	RB	27	16	5	147	823	9	73	5.6	51.4	9.2	7	59	8.4	0	22	0.4	3.7	882	9	2	5		
NEW YORK JETS																											
LADAINIAN TOMLINSON	2008	29	SDG	RB	21	16	16	292	1110	11	45	3.8	69.4	18.3	52	426	8.2	1	32	3.3	26.6	1536	12	1	14		
	2009	30	SDG	RB	21	14	14	223	730	12	36	3.3	52.1	15.9	20	154	7.7	0	36	1.4	11	884	12	2	7		
	2010	31	NYJ	RB	21	15	13	219	914	6	31	4.2	60.9	14.6	52	368	7.1	0	21	3.5	24.5	1282	6	3	8		
SHONN GREENE	2009	24	NYJ		23	14	0	108	540	2	33	5	38.6	7.7								540	2	3	3		
	2010	25	NYJ		23	15	2	185	766	2	23	4.1	51.1	12.3	16	120	7.5	0	15	1.1	8	886	2	3	5		
NEW ORLEANS																											
CHRIS IVORY	2010	22	NOR		29	12	4	137	716	5	55	5.2	59.7	11.4	1	17	17	0	17	0.1	1.4	733	5	4	5		
PIERRE THOMAS	2008	24	NOR	KR/RB	23	15	5	129	625	9	42	4.8	41.7	8.6	31	284	9.2	3	24	2.1	18.9	909	12	1	7		
	2009	25	NOR	RB	23	14	6	147	793	6	34	5.4	56.6	10.5	39	302	7.7	2	36	2.8	21.6	1095	8	2	9		
	2010	26	NOR		23	6	3	83	269	2	16	3.2	44.8	13.8	29	201	6.9	0	23	4.8	33.5	470	2	0			
REGGIE BUSH	2008	23	NOR	RB/PR	25	10	9	106	404	2	43	3.8	40.4	10.6	52	440	8.5	4	42	5.2	44	844	6	3	10		
	2009	24	NOR	RB/PR	25	14	8	70	390	5	55	5.6	27.9	5	47	335	7.1	3	29	3.4	23.9	725	8	4	6		
	2010	25	NOR	RB/PR	25	8	6	36	150	0	23	4.2	18.8	4.5	34	208	6.1	1	20	4.3	26	358	1	2	3		
OAKLAND																											
DARREN MCFADDEN	2008	21	OAK	RB	20	13	5	113	499	4	50	4.4	38.4	8.7	29	285	9.8	0	27	2.2	21.9	784	4	3	5		
	2009	22	OAK	RB	20	12	7	104	357	1	28	3.4	29.8	8.7	21	245	11.7	0	48	1.8	20.4	602	1	5	3		
	2010	23	OAK	RB	20	13	13	223	1157	7	57	5.2	89	17.2	47	507	10.8	3	67	3.6	39	1664	10	4	1		
MICHAEL BUSH	2008	24	OAK		29	15	0	95	421	3	67	4.4	28.1	6.3	19	162	8.5	0	25	1.3	10.8	583	3	1	4		
	2009	25	OAK	RB	29	16	7	123	589	3	60	4.8	36.8	7.7	17	105	6.2	0	17	1.1	6.6	694	3	2	3		
	2010	26	OAK		29	14	3	158	655	8	30	4.1	46.8	11.3	18	194	10.8	0	55	1.3	13.9	849	8	0	6		



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RUNNING BACKS: 3 YEAR SCOPE

	YEAR	AGE	TM	POS	NO.	G	GS	ATT	YDS	TD	LNG	Y/A	Y/G	A/G	REC	YDS	Y/R	TD	LNG	R/G	Y/G	YSCM	RRTD	FMB	AV		
OAKLAND																											
MARCEL REECE	2009	24	OAK		45	2	0	0	0	0	0	0	0	0	2	20	10	0	11	1	10	20	0				
	2010	25	OAK	RB	45	16	10	30	122	1	31	4.1	7.6	1.9	25	333	13.3	3	73	1.6	20.8	455	4				
PHILADELPHIA																											
LESEAN MCCOY	2009	21	PHI		29	16	4	155	637	4	66	4.1	39.8	9.7	40	308	7.7	0	45	2.5	19.3	945	4	2	7		
	2010	22	PHI	RB	25	15	13	207	1080	7	62	5.2	72	13.8	78	592	7.6	2	40	5.2	39.5	1672	9	2	13		
JEROME HARRISON	2008	25	CLE		35	15	0	34	246	1	72	7.2	16.4	2.3	12	116	9.7	1	23	0.8	7.7	362	2	0	2		
	2009	26	CLE	RB	35	14	7	194	862	5	71	4.4	61.6	13.9	34	220	6.5	2	18	2.4	15.7	1082	7	2	7		
	2010	27	2TM			12	2	71	330	1	50	4.6	27.5	5.9	12	85	7.1	0	23	1	7.1	415	1	2	3		
			PHI		33	8	1	40	239	1	50	6	29.9	5	8	43	5.4	0	15	1	5.4	282	1	1	2		
			CLE		33	4	1	31	91	0	39	2.9	22.8	7.8	4	42	10.5	0	23	1	10.5	133	0	1	1		
VICK 2ND LEADING RUSHER																											
PITTSBURGH																											
RASHARD MENDENHALL	2008	21	PIT		34	4	1	19	58	0	12	3.1	14.5	4.8	2	17	8.5	0	11	0.5	4.3	75	0	0	1		
	2009	22	PIT	RB	34	16	12	242	1108	7	60	4.6	69.3	15.1	25	261	10.4	1	26	1.6	16.3	1369	8	3	10		
	2010	23	PIT	RB	34	16	16	324	1273	13	50	3.9	79.6	20.3	23	167	7.3	0	24	1.4	10.4	1440	13	2	9		
ISAAC REDMAN	2009	25	PIT			1	0	0	0	0	0	0	0	0								0	0	0	0		
	2010	26	PIT		33	16	0	53	247	0	23	4.7	15.4	3.3	9	72	8	2	16	0.6	4.5	319	2	2	2		
ST. LOUIS																											
STEVEN JACKSON	2008	25	STL	RB	39	12	11	253	1042	7	56	4.1	86.8	21.1	40	379	9.5	1	53	3.3	31.6	1421	8	5	8		
	2009*	26	STL	RB	39	15	15	324	1416	4	58	4.4	94.4	21.6	51	322	6.3	0	38	3.4	21.5	1738	4	2	8		
	2010*	27	STL	RB	39	16	16	330	1241	6	42	3.8	77.6	20.6	46	383	8.3	0	49	2.9	23.9	1624	6	1	10		
KENNETH DARBY	2008	26	STL		33	10	0	32	140	0	14	4.4	14	3.2	19	183	9.6	0	30	1.9	18.3	323	0	1	2		
	2009	27	STL		34	16	1	27	152	0	51	5.6	9.5	1.7	18	96	5.3	0	13	1.1	6	248	0	0	1		
	2010	28	STL		34	14	0	34	107	2	13	3.1	7.6	2.4	10	61	6.1	1	21	0.7	4.4	168	3	0			
SAN DIEGO																											
MIKE TOLBERT	2008	23	SDG	FB	35	13	7	13	37	0	11	2.8	2.8	1	13	171	13.2	1	67	1	13.2	208	1	0	2		
	2009	24	SDG		35	16	3	25	148	1	32	5.9	9.3	1.6	17	192	11.3	3	66	1.1	12	340	4	1	4		
	2010	25	SDG		35	15	4	182	735	11	36	4	49	12.1	25	216	8.6	0	28	1.7	14.4	951	11	5	7		
RYAN MATTHEWS	2010	23	SDG	RB	24	12	9	158	678	7	31	4.3	56.5	13.2	22	145	6.6	0	17	1.8	12.1	823	7	5	6		
DARREN SPROLES	2008	25	SDG	PR/KR	43	16	0	61	330	1	37	5.4	20.6	3.8	29	342	11.8	5	66	1.8	21.4	672	6	3			
	2009	26	SDG	PR/KR	43	16	2	93	343	3	21	3.7	21.4	5.8	45	497	11	4	81	2.8	31.1	840	7	3			
	2010	27	SDG	PR/KR	43	16	3	50	267	0	34	5.3	16.7	3.1	59	520	8.8	2	57	3.7	32.5	787	2	3			



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RUNNING BACKS: 3 YEAR SCOPE

	YEAR	AGE	TM	POS	NO.	G	GS	ATT	YDS	TD	LNG	Y/A	Y/G	A/G	REC	YDS	Y/R	TD	LNG	R/G	Y/G	YSCM	RRTD	FMB	AV		
SAN FRANCISCO																											
FRANK GORE	2008	25	SFO	RB	21	14	14	240	1036	6	41	4.3	74	17.1	43	373	8.7	2	26	3.1	26.6	1409	8	6	10		
	2009*	26	SFO	RB	21	14	14	229	1120	10	80	4.9	80	16.4	52	406	7.8	3	48	3.7	29	1526	13	4	12		
	2010	27	SFO	RB	21	11	11	203	853	3	64	4.2	77.5	18.5	46	452	9.8	2	41	4.2	41.1	1305	5	4	8		
BRIAN WESTBROOK	2008	29	PHI	RB	36	14	14	233	936	9	39	4	66.9	16.6	54	402	7.4	5	47	3.9	28.7	1338	14	2	9		
	2009	30	PHI	RB	36	8	7	61	274	1	25	4.5	34.3	7.6	25	181	7.2	1	34	3.1	22.6	455	2	0	4		
	2010	31	SFO	RB	20	14	5	77	340	4	30	4.4	24.3	5.5	16	150	9.4	1	62	1.1	10.7	490	5	0	3		
ANTHONY DIXON	2010	23	SFO		24	16	0	70	237	2	34	3.4	14.8	4.4	5	11	2.2	0	8	0.3	0.7	248	2	0	1		
SEATTLE																											
MARSHAWN LYNCH	2008*	22	BUF	RB	23	15	15	250	1036	8	50	4.1	69.1	16.7	47	300	6.4	1	42	3.1	20	1336	9	2	10		
	2009	23	BUF	RB	23	13	6	120	450	2	47	3.8	34.6	9.2	28	179	6.4	0	35	2.2	13.8	629	2	3	4		
	2010	24	2TM	RB		16	14	202	737	6	39	3.6	46.1	12.6	22	145	6.6	0	22	1.4	9.1	882	6	4	6		
			BUF	RB	24	4	3	37	164	0	17	4.4	41	9.3	1	7	7	0	7	171	0	1	1				
			SEA	RB	24	12	11	165	573	6	39	3.5	47.8	13.8	21	138	6.6	0	22	711	6	3	5				
JUSTIN FORSETT	2008	23	2TM	PR		14	0	0	0	0	0	0	0	0								0	0	0	0		
			SEA	PR	30	11	0	0	0	0	0	0	0	0						0	0	0	0	0	0		
			IND		30	3	0	0	0	0	0	0	0	0						0	0	0	0	0	0		
	2009	24	SEA	KR	20	16	2	114	619	4	35	5.4	38.7	7.1	41	350	8.5	1	47	2.6	21.9	969	5	4	6		
2010	25	SEA	RB	20	16	5	118	523	2	32	4.4	32.7	7.4	33	252	7.6	0	21	2.1	15.8	775	2	0				
LEON WASHINGTON	2008*+	26	NYJ	PR/KR	29	16	1	76	448	6	61	5.9	28	4.8	47	355	7.6	2	40	2.9	22.2	803	8	3	8		
	2009	27	NYJ	KR	29	7	0	72	331	0	33	4.6	47.3	10.3	15	131	8.7	0	33	2.1	18.7	462	0	1	3		
	2010	28	SEA	PR/KR	33	16	0	27	100	1	21	3.7	6.3	1.7	9	79	8.8	0	28	0.6	4.9	179	1	3	4		
TAMPA BAY																											
LEGARRETTE BLOUNT	2010	24	TAM	RB	27	13	7	201	1007	6	53	5	77.5	15.5	5	14	2.8	0	7	0.4	1.1	1021	6	4	7		
CADILLAC WILLIAMS	2008	26	TAM		24	6	1	63	233	4	28	3.7	38.8	10.5	7	43	6.1	0	25	1.2	7.2	276	4	1	2		
	2009	27	TAM	RB	24	16	15	211	823	4	35	3.9	51.4	13.2	28	217	7.8	3	22	1.8	13.6	1040	7	1	5		
	2010	28	TAM	RB	24	16	9	125	437	2	45	3.5	27.3	7.8	46	355	7.7	1	20	2.9	22.2	792	3	1			
TENNESSEE																											
CHRIS JOHNSON	2008*	23	TEN	RB	28	15	14	251	1228	9	66	4.9	81.9	16.7	43	260	6	1	25	2.9	17.3	1488	10	1	11		
	2009*+	24	TEN	RB	28	16	16	358	2006	14	91	5.6	125.4	22.4	50	503	10.1	2	69	3.1	31.4	2509	16	3	19		
	2010*	25	TEN	RB	28	16	16	316	1364	11	76	4.3	85.3	19.8	44	245	5.6	1	25	2.8	15.3	1609	12	3	13		
JAVON RINGER	2009	22	TEN		21	7	0	8	48	0	32	6	6.9	1.1								48	0	0	0		
	2010	23	TEN		21	16	0	51	239	2	54	4.7	14.9	3.2	7	44	6.3	0	9	0.4	2.8	283	2	0	2		



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RUNNING BACKS: 3 YEAR SCOPE

	YEAR	AGE	TM	POS	NO.	G	GS	ATT	YDS	TD	LNG	Y/A	Y/G	A/G	REC	YDS	Y/R	TD	LNG	R/G	Y/G	YSCM	RRTD	FMB	AV	
WASHINGTON																										
RYAN TORAIN	2008	22	DEN		42	2	1	15	69	1	19	4.6	34.5	7.5								69	1	0	0	
	2010	24	WAS		46	10	8	164	742	4	54	4.5	74.2	16.4	18	125	6.9	2	20	1.8	12.5	867	6	2	4	
KEILAND WILLIAMS	2010	24	WAS	RB	35	15	3	65	261	3	32	4	17.4	4.3	39	309	7.9	2	36	2.6	20.6	570	5	1	3	

NOTABLE ROOKIES/FA	POS	SCHOOL	ROUND	PK(OVR)	TEAM
ANTHONY ALLEN	RB	GEORGIA TECH	7	22(225)	BALTIMORE
BARON BATCH	RB	TEXAS TECH	7	29(232)	PITTSBURGH
ALLEN BRADFORD	RB	USC	6	22(187)	TAMPA BAY
DELONE CARTER	RB	SYRACUSE	4	22(119)	INDIANAPOLIS
SHAUN CHAPAS	FB	GEORGIA	7	17(220)	DALLAS
CHARLES CLAY	FB	TULSA	6	9(174)	MIAMI
JAY FINLEY	RB	BAYLOR	7	43(246)	CINCINNATI
ALEXANDER GREEN	RB	HAWAII	3	32(96)	GREEN BAY
JAMIE HARPER	RB	CLEMSON	4	33(130)	TENNESSEE
STANLEY HAVILI	FB	USC	7	37(240)	PHILADELPHIA
ROY HELU	RB	NEBRASKA	4	8(105)	WASHINGTON
KENDALL HUNTER	RB	OKLAHOMA STATE	4	18(115)	SAN FRANCISCO
MARK INGRAM	RB	ALABAMA	1	28(28)	NEW ORLEANS
TAIWAN JONES	RB	EASTERN WASHINGTON	4	28(125)	OAKLAND
MIKEL LESHORE	RB	ILLINOIS	2	25(57)	DETROIT
DION LEWIS	RB	PITTSBURGH	5	18(149)	PHILADELPHIA
OWEN MARECIC	FB	STANFORD	4	27(124)	CLEVELAND
DEMARCO MURRAY	RB	OKLAHOMA	3	7(71)	DALLAS
BILAL POWELL	RB	LOUISVILLE	4	29(126)	NY JETS
STEVAN RIDLEY	RB	LSU	3	9(73)	NEW ENGLAND
JACQUIZZ RODGERS	RB	OREGON STATE	5	14(145)	ATLANTA
EVAN ROYSTER	RB	PENN STATE	6	12(177)	WASHINGTON
DA'REL SCOTT	RB	MARYLAND	7	18(221)	NY GIANTS
ANTHONY SHERMAN	FB	CONNECTICUT	5	5(136)	ARIZONA
DANIEL THOMAS	RB	KANSAS STATE	2	30(62)	MIAMI
JORDAN TODMAN	RB	CONNECTICUT	6	18(183)	SAN DIEGO
SHANE VEREEN	RB	CALIFORNIA	2	24(56)	NEW ENGLAND
JOHNNY WHITE	RB	NORTH CAROLINA	5	2(133)	BUFFALO
RYAN WILLIAMS	RB	VIRGINIA TECH	2	6(38)	ARIZONA
CLINTON PORTIS	RB				FA